



Hörmanus till CD 1 och 2,
The Book about Me 1, 2 och 3

CD1

The Book about Me 1

Spår 1 This is Me

Hello! My name is Sarah Black. I am a girl. I am ten years old. I live in London in England. I speak English. I like music, cats and football.

Spår 2 Listen to this!

My name is Carl. I am a boy. Sarah is my sister. I am fourteen years old. I live in London in England. I like music, floor ball and football.

Spår 3 Numbers

Listen to the numbers. Say after me please.

/någon sekunds tystnad mellan varje siffra/

1	one
2	two
3	three
4	four
5	five
6	six
7	seven
8	eight
9	nine
10	ten

Spår 4 Listen and draw a circle...

Listen and draw a circle around the correct number.

one five ten three eight seven

Spår 5 My Family

Hi again.

This is my family portrait. My father's name is John Black. He is 43 years old. He has blue eyes and brown hair. He likes cars and old films. My mother's name is Cecilia Black. She is 40 years old. She has brown eyes and blonde hair. She likes to sing and to go swimming. My big brother is Carl Black. He is fourteen years old and he has blue eyes and blond hair. He likes music, floor ball and football. My little sister is very cute. Her name is Alice Black. She is only three years old. She has brown eyes and brown hair and she likes toys.

Spår 6 Listen to this!

Listen to the text and fill in the missing words.

Hi again.

This is my family portrait. My father's name is John Black. He is 43 years old. He has blue eyes and brown hair. He likes cars and old films.

My mother's name is Cecilia Black. She is 40 years old. She has brown eyes and blond hair. She likes to sing and to go swimming.

My big brother is Carl Black. He is fourteen years old and he has blue eyes and blond hair. He likes music and floor ball.

My little sister is very cute. Her name is Alice Black. She is only three years old. She has brown eyes and brown hair and she likes toys.

Spår 7 My Body

Look at me. I am quite tall for my age. I have a head, a back, a tummy, two arms, two hands and two legs. My feet are big. I don't like them but I like my body anyway. I also like my face. I have brown hair and blue eyes, just like my daddy. I've got a small nose and a big mouth. I think I look happy. I am strong. I can jump, walk, run and swim. I try to keep my body healthy.

Spår 8 My Clothes

Hi, Carl here again. I'm wearing my best jeans today. They are black and baggy. I love them. I think they are so cool. I'm also wearing a white t-shirt and a green sweatshirt. I am wearing white socks, black trainers and a white cap. I like my clothes. I would like to buy a new t-shirt, a black one with the name of my football club.

Spår 9 My Pet

Hello! I have a pet, she is a rabbit. Her name is Kitty and she is two years old. Her fur is black and white and very soft. She has got long ears. Her teeth and claws are sharp. Kitty's home is in a big rabbit hutch in our garden. Kitty likes hay and rabbit food from the pet shop. She drinks water. In the summer I keep Kitty on a leash and she eats dandelion leaves in our garden. I put up small fences and Kitty loves to jump over them.

Spår 10 Listen to this!

Hello! I'm Carrie. My pet is black and white. She has got sharp teeth and loves to eat carrots.

Hello! I'm Tom. My pet lives in an aquarium. He can be 60 years old. He has got claws and his shell is hard.

Hello! I'm Susan. My pet is Dolly. She loves to play with my footballs in our garden. I take her out for long walks in the woods.

Hello! I'm Derek. My pet lives in a cage. She has got blue and yellow feathers and sings all day.

Hello! I'm Emma. My pets live in an aquarium. I love to sit and look at them when they swim or try to hide behind the stones.

Hello! I'm Peter. I have got an unusual pet. He has got a long tail that he can hit me with. He has got long thin claws to climb with. He lives in a terrarium.

Hello! I'm Lisa. My pet is a cute little animal. She loves to play with me when I come home from school. She climbs trees. She tries to catch birds, which is not so good.

Spår 11 My Favourite Food

Good morning! I'm having breakfast. I always have breakfast at 7 o'clock. I start school at 8 o'clock. Today I'm eating yoghurt with cereal and drinking a glass of juice. I also have bread with ham, cheese and tomato. Sometimes I have toast. Like most English people I have a nice cup of tea before I'm off to school. I nearly forgot, I like to eat fruit after breakfast. I think I'll have an apple today.

Spår 12 Listen to this!

A journalist: – I come from a magazine called Young Today. Can I ask you some questions, Carl and Sarah?

S+C: – Of course you can.

A journalist: – What is your favourite fruit Sarah?

S: – A difficult question, but I think I like grapes best.

A journalist: – And you Carl?

C: – For me it's easy. My best is bananas.

A journalist: – What is your best drink Carl?

C: – I think that's milk.

A journalist: – Have you got a favourite drink Sarah?

S: – I don't like milk, but I love hot chocolate.

A journalist: – My last question is what desserts you like?

S: – An easy question. It's blueberry pie and cream.

A journalist: – How about you Carl?

C: – I don't like cream. My best dessert is ice-cream.

A journalist: – Thank you for the interview.

Spår 13 My Room

My room is small and cosy. It is pink and red because they are my favourite colours. There is a desk in the room. Beside the desk there is a chair. A big, pink teddy is sitting on the chair. There is a pink and red carpet on the floor. I bought the carpet myself.

I have got a bookcase with my stereo and my CD:s on one shelf. On the other shelves are my books, an alarm clock, hand lotion, a moneybox, a candle, a porcelain doll and some photos. There is a wardrobe in the room.

On top of the wardrobe I have got a big cuddly dog. My bed is behind the wardrobe. There are some pink and white pillows on my bed. My curtains are red with pink and white stripes.

On the windowsill there is a big cactus. There are posters on the walls. The wallpaper is pink with small white dots. My TV-set is on one of the walls.

Spår 14 Listen to this!

Hello! I'm Carl. This is my room. It's big and I like the things I have in my room.

My best football is on the carpet. *Draw a football on the carpet and colour it black and white. - - - Colour the carpet blue.*

pause

On my bed is a pillow. *Colour it red.* There is also a cuddly dog on the bed. *Colour it brown and white.*

pause

There are many books in my bookcase. My guitar is hanging on the wall to the left of the bookcase. *Draw a guitar on the wall and colour it red.*

pause

On the windowsill there is a big, green plant in a blue pot. *Draw the plant and the pot and colour them.*

pause

My curtains are blue with red stripes. *Colour the curtains.*

Spår 15 My House

Hi, this is my house. I live in a terraced house in London, England. My address is 22 Baker Street. My telephone number is 44 37 01 9. Our house is old and built of red brick. There is a small garden in front of the house with flowerbeds. Steps lead up to the front door. There is a gate leading into the garden. The garden is surrounded by a wall. You can see my window. It's upstairs on the left. Sarah's window is the window on the right. There are two chimneys on the roof. We have got a satellite dish. There is a back garden behind the house. It is a small house but very nice, I think.

Spår 16 Listen to this!

Listen, and write the correct phone numbers below.

Christine: three – two – oh – eight – nine – one – oh

Patrick: two – two – four – oh – six – five – four

Shelly: nine – eight – six – seven – two – two – oh

Sam: five – five – five – three – oh – six – five

Spår 17 My Spare Time

Hello!

Do you want to know what I do in my spare time? I love sports. I play football in a club called Arsenal. We train three times a week. Our coach Daniel Smith is very good. Every Saturday we play against other clubs. My best friend David also plays in my team. I like playing video games and computer games. Sometimes I chat with my friends on the internet. I like reading books. Right now I'm reading Lord of the Rings by J.R.R. Tolkien. It is very exciting. When I was younger I played the guitar but I don't any longer because I play a lot of football. In the summer I like to go skateboarding.

Spår 18 Listen to this!

Sam talks about his collection of pins and buttons.

I collect pins. I started to collect pins when I was five years old. I got the first one from my grandfather when we went to see a football match. I have my pins on a notice board in my room. I counted my pins this morning and I have got 52. My best pin is the one with a black and white football.

I also collect buttons. I started to collect buttons two years ago. I got the first one from my little sister. The text on it says: My best brother. Some of my buttons are in a box in my room and some are on my backpack. I have got 47 buttons now. My best button is white with blue text and a red heart.

The text says: I – LOVE – LONDON – but instead of the word LOVE there is ...... (a red heart).

Spår 19 My Classroom

Hello!

This is my school. The name of my school is Riverside School. My teacher's name is Laura Green. There are 21 pupils in my class. There are 12 girls and 9 boys. I like my classmates. We have fun together. We play football and table tennis in the breaks.

In my drawer in the classroom I have got some notebooks, a maths book, a geography book, a history book and an English book. I also have a book called Harry Potter and the Goblet of Fire. I like that book very much.

On my table I have got a writing pad, a pencil case with pencils and rubbers. I have a plastic ruler and a blue sharpener. My water mug is also on the table. My favourite subjects are geography, art and maths.

Spår 20 Listen to this!

Anna: Tell me what subjects you like in school Benjamin?

Benjamin: I like many subjects. We had such a good history lesson today. Our teacher is fantastic. I really like history. I don't like geography so much and science is difficult. What do you like Anna?

Anna: I like maths a lot. It's so interesting. But my favourite subjects are languages. French is a fantastic language and our French teacher is so good. She lets us speak French

during the lessons. I would like to go to France some day. I'm not so interested in art. Maybe it's because I'm not so good at painting. I like PE. Do you like PE?

Benjamin: Yes, I do. I love to play rugby and basketball. I forgot to tell you that music is another favourite subject. We both sing and play instruments. I play the guitar and I like it.

Anna: Yes, but we must hurry now. The maths lesson starts at twelve!

Spår 21 My Friends

Sarah:

Hi, these are my two best friends, Christine and Shelly.

Christine's parents are from Scotland but she was born here in London. She loves to dance and she likes acting. She wants to become an actress when she grows up. Shelly's family is from Pakistan and they moved here when she was two. She also loves dancing and she likes to go roller skating. We are neighbours and we do a lot of things together. We play, listen to music and go window shopping. We also go to dancing classes every Wednesday evening. But the thing we like best is to go to the cinema. But we are not allowed to see some films because we are too young. That's a pity.

Carl:

Hi, these guys are my good friends, Patrick and Sam. Patrick's parents are from South Africa but they have been living in London for many years. Sam is from London. Patrick loves singing, reading and he is playing the guitar. He is very good. He plays in a band. Sam collects buttons and pins. I think he has got at least a hundred. He also loves animals. He has got a cat, a dog and a snake. We all play in the same football team. We also play floorball and we go out skateboarding a lot.

Spår 22 Listen to this!

– Hi, Shelly.

– Hi, Sarah.

– What is your address?

– My address is 42 Lancaster road, London.

– Where were you born?

– I was born in Pakistan.

– When did you move here?

– We moved to London when I was two.

– When is your birthday?

– My birthday is on the first of May.

– Have you got any brothers or sisters?

– Sure, I have two brothers and one sister.

- Do you have any favourite pop stars?
- Oh yes! I love Madonna. She is so great.
- Have you got any hobbies?
- My hobbies are dancing and roller skating, and films of course. The film we saw yesterday was great. I love Grease even though it's an old film.
- Do you take dancing lessons?
- Yeah, I do. I go to a dancing class on Wednesdays for two hours in the evening.
- What else do you do?
- I like a lot of things. I like music and to play with my friends. I also like to go window shopping. I saw fantastic shoes the other day. They were really cool.

The Book about Me 2

Spår 23 My Summer

Hi !

Do you remember me? I am Sarah Black from London, the capital of Great Britain. This summer I went to Paris in France on holiday with my family. It was great. We did a lot of different things. I sent a postcard to my grandma and grandpa. You can read it if you like.

Spår 24 Paris 14 July

Paris 14 July

Hi Grandma and Grandpa! How are you? We are all fine. We are in Paris, the French capital. We arrived three days ago. First we took a ferry from Dover to Calais.

Then we went by train from Calais to Paris. We are staying at a hotel in the city centre not far from the big church, Notre Dame and the river Seine. The weather is lovely. It is sunny today but not too hot because it's windy. But yesterday morning it was misty and cold. We have seen many things.

Yesterday we went to the Eiffel Tower. We took the lift to the top. You can see all of Paris from up there. It was fantastic. We have also been to the Louvre to see the Mona Lisa, the famous painting, you know. The painting was very small. We have been to many other places too but I'll tell you about that when we get home.

We have been shopping and we have been to many nice restaurants. French food is very tasty. Today is the 14th of July, the French national day. Everybody is celebrating and there are fireworks. We'll be back home next week.

Lots of love to you both;

Sarah

Spår 25 Some countries and people in Europe

Listen and say after please!

Swedish

Norwegian

Danish

Finnish

Icelandic

Russian

French

German

Swiss

Polish

Spanish

Portuguese

Italian

Dutch

Belgian

British

Belarusian

Ukrainian

Greek

Irish

Spår 26 The weather forecast

Listen to this!

"Look at the map on page 5. Draw the correct weather symbol in the correct country."

This is the weather forecast for today.

In *France* it will be a sunny day but in *Germany* there will be heavy rain in the afternoon.

In *Spain* it is very hot. It is plus thirty degrees Celcius and sunny.

In *Italy* there will be strong winds.

Over *Russia* there will be thunder storms and it will be very cloudy and quite cold, only plus four degrees Celcius.

Great Britain will have a foggy day.

In *Scandinavia* the weather will be sunny in *Sweden*, rainy in *Finland* and very windy in *Norway*, but in *Iceland* the weather will be cold and snowy and minus five degrees Celcius.

That's all for today. We'll be back tomorrow.

Spår 27 Where I live

Hi, and welcome to my fantastic city London! I live with my family at 22 Baker Street to the west of the city centre. Do you know that there are more than 7 million inhabitants in London? I like my house and my nice neighbourhood. My friends live close to me. Our school is in Baker Street only five minutes

walk from my house. The big new library is in Hill Street. I go there to borrow books and read magazines once a week.

The police station and the fire station are not so far from here but if we need a doctor we must go by bus to the hospital. The sports field where I train football is only two minutes walk from my house.

Sometimes I go to central London with my family. We go by underground from Paddington Station to Oxford Circus. I like to go by boat on the river Thames to a famous old castle called the Tower. On the way there we pass many old interesting bridges and we also pass the great church St Paul's Cathedral. The London Eye is a Ferris wheel. It stands 135 metres high. It's fantastic to be on the top. You can see 40 kilometres in all directions on a clear day.

My mum and my sister like shopping in London. What I like best is to watch football on Saturdays at Emirates Stadium. The bad thing about London is the traffic and the air pollution.

Spår 28 Listen to this!

Man: – Excuse me, can you tell me the way to the pharmacy? I have a terrible headache.

Policewoman: – Go along this street to the traffic lights. Turn right into Long Street. Turn left at the crossing into Park Street. The pharmacy is the first big building on the right. You can't miss it!

Man: – Thank you very much!

Woman: – Excuse me, where can I find a toyshop? I'm going to buy a birthday present for my grandchild.

Policewoman: – There is a big toyshop in Park Street. Go along this street to the traffic lights. Turn right into Long Street. Turn right at the crossing into Park Street. The toyshop is the third building on the left, opposite the theatre.

Woman: – Thank you very much!

Teenage girl: – Excuse me, do you know if there is a record shop in this town? I'm looking for Black Eyed Peas' latest CD.

Policewoman: – Oh, yes. There is a fantastic record shop not so far from here. Go along this street, Station Road, and pass the traffic lights. Turn right into Stadium Street. Pass the Park Street crossing. The record shop is the second on the right, between the bookshop and the pub. You can't miss it!

Teenage girl: – Thank you! Bye Bye!

An elderly couple: – Excuse me, is there a baker's near here?

Policewoman: – Yes, it's not so far from here. Turn right at the traffic lights into Long Street. Turn left at the crossing into Park Street. The baker's is the last building on the left, after the park. The smell is lovely there!

The elderly couple: – We hope we can find it. Thank you!

Teenage boy: – Excuse me, a man on the train said there is a shoe shop in Long Street. Is that correct?

Policewoman: – Yes, I can tell you how to get there. Turn right at the traffic lights. Go along Long Street. Pass the crossing. The shoe shop is in the second building on the right, next to the library.

Teenage boy: – Thank you! Bye Bye!

Spår 29 Eating out

Waiter Would you like to order now?

Sarah Yes. I would like a double burger and a small French fries, please. No onions.

Waiter And what would you like to drink?

Sarah I think I'll have a Diet Coke or a Pepsi? Do you have Pepsi?

Waiter Yes, we have both Pepsi and Coke. What would you like?

Sarah A Diet Coke, please.

Waiter Small, medium or large?

Sarah Medium, please.

Waiter Would you like mustard or ketchup on your burger?

Sarah I would like both, please.

Waiter Anything else?

Sarah I'll have an ice cream, a small one, please.

Waiter What flavour would you like? We have strawberry, chocolate and vanilla.

Sarah Chocolate, please. That's all for me.

Waiter Ok, and what would you like?

Christine I'll have the same, please, but no mustard on the burger.

Waiter Ok! That's £8. 40 altogether.

Christine That is expensive. Here you are.

Waiter Thank you. Enjoy your meal, girls.

Christine and Sarah Thank you. We will.

Spår 30 Listen to this!

Listen and fill in the missing words in the dialogue.

- Waiter* Can I help you?
- John* Yes, can I have the menu, please?
- W* Would you like to order now?
- J* Yes, please. I would like a cheese burger and a medium French fries, please.
- W* Anything else? Would you like something to drink?
- J* Yes, a large Coke, please.
- W* Is that all?
- J* No, I would like an ice cream. Which flavours do you have?
- W* Chocolate and vanilla.
- J* Chocolate, please. That's all.
- W* That's five pounds. Have a nice meal.
- J* Thank you.

Spår 31 Listen to this

- Waiter* Would you like to order now?
- Cecilia* What would you like, Jane? I think I'll have a cup of tea.
- Jane* I'll have the same. Two teas, please.
- W* Milk and sugar?
- J* No milk or sugar for me. What about you, Cecilia?
- C* Milk, please. No sugar.
- W* Anything else?
- C* I would like an egg sandwich, please.
- J* And I would like a piece of cake, chocolate cake, please.
- W* All right. Anything else?
- C* No. That's all, thank you.
- W* That's four pounds fifty, please.

Spår 32 My Family Tree

This is my great-grandpa's older brother, my great-granduncle, you could say. His name was Arthur Black and he was born in 1893. My grandpa is very interested in the family history and he knows everything about the family. He tells me many stories about the family.

Grandpa told me that Arthur went to America in 1912. He went up to Canada and the Klondike to look for gold. After a few years of digging in the old goldmine, he found a huge piece of gold, the biggest ever seen. But he didn't sell it or show it to anyone. He lived in poverty for fifty years and then he suddenly disappeared. No one knew where he was or what he did but some people said that he sold his gold and bought a castle. Grandpa says it's the truth but I don't believe him.

You can see our family tree on page 17. That's me and my sisters on the trunk. Can you draw your family tree? Do you have an interesting story about your family?

Spår 33 Listen and answer these questions

Look at our Family Tree. Can you see me on the trunk? Do you know when I was born? I am fifteen years old this year. I was born in nineteen ninety-three.

Sarah was born in nineteen ninety-seven and my little sister Alice is only four years old. She was born in two thousand and four.

My mum is forty years old and she was born in nineteen sixty-seven and her mum, my grandmother, was born in nineteen thirty.

Dad was born in nineteen sixty-five.

Spår 34 My Sport

Hello!

I'm going to tell you about a sports day at my school. It was a sunny day in September and we went by bike to the sports field. I wore my red tracksuit.

We started with the 60 metres race. I beat my record this year. I was so proud of myself!

After the races we jumped the long jump. I wasn't very happy with my results, 3 metres 12 centimetres.

After the long jump it was time to put the shot. I think the ball is very heavy. Clara in my class is really good at putting the shot.

Finally it was time to eat our packed lunch. I had a ham and cheese sandwich. I drank hot chocolate. But an embarrassing thing happened. My teacher sat next to me and I dropped a mug of hot chocolate on her white trousers! She burnt herself and the trousers were wet and dirty. She said she was okay afterwards.

After lunch it was time for the high jump. I like the high jump and today I won the competition in my class. I was pleased with my results 1 metre 5 centimetres.

I had time to rest a little after the high jump. I sat on a bench and chatted to some of my classmates. I had a banana and an apple.

The last thing I did was to run the 800 metres race. I was really tired after the race. It took me a long time to cycle home again. I think the sports day was fantastic.

Spår 35 Me and Animals

Carl and Sarah visit their cousin Steve who lives with his family on a farm near Birmingham in England.

– Steve, can you tell us about your life here on the farm? Carl says.

– This is a big farm. We have got 25 cows for dairy products such as milk, cream, butter and cheese. We have five pigs for meat. In the stable we have got five horses. My mum loves horses and she gives riding lessons each Saturday. I go riding sometimes with my mum and sister. The surroundings are fantastic and good for riding. We have got some small animals here too. We get eggs from our hens and we keep a turkey to have for Christmas dinner!

– What do you do during the year? Sarah asks.

– There are many different things to do. We sow the seed in spring. We grow wheat and oats. We cut hay in the summer. We need a lot of hay to feed the cows and horses. In August we harvest the crops. In winter there is a lot of repair work to do. And every day the animals need a lot of care, of course.

– What do you like most about living on the farm? Carls asks.

– That must be the wild animals. There are often squirrels, hedgehogs and hares near the buildings. My absolute favourite is the badger. I hope we can see him tonight. He lives under the floor of the barn. He has two white stripes on his head and he has sharp teeth. He has a dangerous bite if he is threatened.

Spår 36 My Favourite Pop Star

Aunt Maggie: What have you been up to in school lately?

Carl: We are doing a project on famous pop stars. Do you have any favourites aunt Maggie?

Sarah: Yes, tell us about your favourite stars.

Aunt Maggie: My favourite group is the Beatles. The group had four members Paul McCartney, John Lennon, Ringo Starr and George Harrison. They were from Liverpool and became famous all over the world during the 60s. Everywhere they played; girls were screaming and even fainting. Paul and John were songwriters and wrote most of the songs and over the years the group recorded several hits, such as “She loves you”, “Please, Please, Me”, “Yellow Submarine”, “Twist and shout” and “I want to hold your hand”. The last album they made was called “Abbey Road” and was released in 1969.

I love listening to their songs. But when I was younger, what I really liked about them was the way they looked. They wore cool clothes and their hair styles were very different from those of the boys in school.

I was a member of the Beatles' fan club and I even used to write their names on my sneakers and on my trousers. My mother wasn't very happy about that. The walls in my room were covered with Beatles' posters. When the Beatles split up in 1970, I spent the whole day in my room crying.

Spår 37 The Accident

Aaaaagh. It hurts. Oh, my poor head and my leg. I feel terrible. I feel sad and unhappy.

Do you know what happened? I had an accident. I went down the street, just outside my home. I had my helmet on and my knee pads and elbow pads. I was skateboarding with my friends. I turned right at the corner. I went quite fast but I was on the pavement. But then I had to cross the street and I didn't look carefully enough. I didn't see the red car until it was too late. So I crashed into the car and fell.

The driver stopped the car and got out. He was very upset. He called the ambulance and they took me to the hospital. I hurt myself badly. My head hurts, my legs hurt, my ankles hurt and my wrists hurt. The doctor had to X-ray me. Luckily nothing was broken but I sprained my ankle. I have to keep the bandage on for at least a week. Oh, I've got such a headache. I am miserable but Mummy is coming to pick me up soon. I don't feel good at all.

Spår 38 Listen to this!

A

– Hi, Ben. How are you?

– Not well at all.

– What's the matter?

– I have a very high temperature.

B

– Hello, Sally. How are you today?

– I'm fine, thank you. And how are you?

– I'm very well, thanks. How is your mum?

– Oh, she's fine too.

C

– Hi, Peter. How are things?

– Not so good. I've got a cold.

– That's too bad.

– Yes, I'm sneezing all the time.

D

- Ann, how nice to see you. How are you?
- Not well at all.
- What's the matter? Have you got a stomach ache?
- No, but I feel sick.
- Have you eaten something bad?
- Don't know. But my brother was sick yesterday.

E

- How's Adam today?
- Not so good. He is coughing.
- Have you given him cough medicine?
- No, I have to go to the pharmacy.

F

- Hi, how is your leg?
- It is broken. It's in plaster.
- That's terrible. What happened?
- I fell off my bike last week.

Spår 39 My Home is my Castle

Hi again! As you might remember, I live in a terraced house in London. There are three floors in my house. It is a very nice house and I love it. But sometimes I pretend my house is a castle.

I would love to live in a castle. My castle would be huge and made of grey stone. There would be at least a hundred rooms. I would have ten rooms of my own. There would be a bedroom for me, my own living room, a study, a bathroom with a Jacuzzi and a sauna, a play room and a swimming pool. And there would be some extra bedrooms for my friends who come to visit me. The kitchen would be very big with a golden cooker and cupboards made of silver. There would be five freezers filled with all kinds of nice food and fridges too.

I would invite children that have no homes of their own to stay with me. We could make food and bake cakes in the kitchen. We could play in the big park which surrounds the castle. There would be a playground in the park and a funfair. I would love to have a pond in the park for goldfish. I would have fruit trees and a stable for horses.

A greenhouse would be great to have too. My dad has a small greenhouse here in the back garden. He grows tomatoes and flowers there. I love my house but it would be great to live in a castle but that's just a dream.

Spår 40 Listen to this!

Listen and find out where Sarah is.

- Number1 I'm downstairs in a room where you cook food.
- Number2 I'm upstairs in a room where you brush your teeth.
- Number3 I'm downstairs where the car is.
- Number4 I'm in the basement in a room where you can wash your clothes.
- Number5 I'm downstairs in a room where you eat.
- Number6 I'm upstairs in a room where you can sleep.

Spår 41 What I am Afraid of

Today we are going to talk about what we are afraid of. I'm going to tell you a story that my grandma told me when I was a little boy. It was late at night and Emma was in bed reading a book. The telephone rang and Emma answered.

- Hello Emma, it's grandma speaking.
- Oh grandma you scared me, Emma said. It's twelve o'clock and very late. What is it?
- I have been run over by a car. I want you to come to the hospital now. I want you to come alone.

Emma put on her clothes and ran to the bus stop. She looked at the timetable but there were no buses to the hospital that night. But suddenly Emma saw a red bus coming down the road. Emma got on the bus and after 10 minutes the bus stopped outside the hospital. Emma got off and when she turned around the bus was gone. This is strange, Emma thought. Emma knocked on the door of the hospital and a nurse opened.

- Can you help me please! My grandma Maya is here and I must see her.
- That's not going to be easy, the nurse said.
- Why? Emma asked.
- Because....the nurse started, because she is dead.
- But, but...When did she die? Emma screamed.
- She died at ten o'clock. We tried to save her life, but we couldn't, the nurse said.
- But that's impossible! Grandma phoned me at twelve o'clock!

The teacher stopped talking.

- This is a scary story, Sarah said.
- Yes, and what scares me most is that it's a true story. Emma is my mother, the teacher said.

Spår 42 Listen to this!

What are the children afraid of? Write the name under the right picture.

Peter: I'm afraid of snakes and spiders.

Ann: I'm afraid of the dark and being home alone in the evenings.

Lisa: I'm afraid of weapons and war.

Christine: I'm afraid of some boys in my brother's class.

Patrick: I'm afraid of scary movies.

Sam: I'm afraid of diving and swimming in deep dark water.

Shelly: I'm afraid of pollution. I think it's terrible that we pollute the air and the water.

Spår 43 Ghost stories

The two sisters, Nellie and Mary, were home alone. Their parents were at the cinema. The girls had watched a horror film on TV. The house felt empty and a little spooky.

– Did you like the film, Nellie asked?

–Yes, but I was frightened when the children heard knocks on the door and they opened and nothing was there.

– The TV was switched off and many other strange things happened in that spooky house, Nellie said and she felt that she wanted to cry. Suddenly the girls heard a knock on the door...

– I don't want to open that door, Nellie screamed and her heart was beating.

– What shall we do? Shall we phone the police? Mary asked and she looked pale...

I'm going to tell you about some strange things that happened to me when I was going to move into an old house that my parents had bought. The neighbours told us that the house was haunted and that a lady who had lived there 75 years ago still came at night to open and close the doors. You could also hear her footsteps every night in the house. My parents just laughed and said that they didn't believe in ghosts. We had moved most of the stuff into the house and it was getting dark. I went up the stairs with a big box and noticed that the hallway light and my bedroom light were off. I turned the light on and headed to my room. I set the box down on the floor and suddenly I felt two arms around my waist...

A young woman lay suffering on her deathbed with her dead baby on her chest. Her husband was sitting crying on a chair beside her. In a weak voice the woman looked at her husband and said that she wanted to be buried beside her dead mother at the cemetery in the village. But the husband could

not bear to be parted from his lovely wife and little daughter so he buried them under a lonely pine tree in their garden. One stormy night when the husband visited the grave he heard the happy sound of a baby. The branches of the pine tree stilled. A woman's voice was singing, and a shining light could be seen in the dark sky...

There once was a beautiful girl who was engaged to a soldier. One night when she was walking home an evil woodsman, who had sold his soul for the power to turn himself into a wolf, stopped her and begged her to marry him. The girl was frightened and screamed for help. The girl's terrible cries were heard by her fiancé who came searching for her. The soldier told the woodsman never to approach his girlfriend again. The furious woodsman waited for his chance. The wedding day came. The bride was dancing happily when the woodsman in the form of a wolf dragged her away with him. The bride and the wolf disappeared into the deep forest...

Spår 44 A Fairy Tale

I love fairy tales! Do you know what a fairy tale is? A fairy tale is a special story about kings, queens, trolls and other creatures and it always starts with: Once upon a time!

Do you know any fairy tales? I'm going to tell you and Alice one.

Once upon a time there was a young girl called Cinderella. She lived in a castle with her father, the King, and her mean stepmother and her two ugly stepsisters. She wanted to go to the ball at the Prince's castle. But first she had to go to see her Grandma who lived in the forest and who was very ill. Cinderella had to bring her a basket filled with red apples. She put on her red hooded cape and off she went. Suddenly she met a pig on the path.

- Where are you off to? the pig asked.
- I'm going to my Grandma who lives in a gingerbread house, Cinderella said.
- I live in a house of bricks, said the pig. So the wolf can't blow my house down.

Cinderella went on and soon she heard a terrible noise.

- Bam, bam, bam, went the hooves of the third Billy Goat Gruff on the wooden bridge.
- Why are you making such a noise?
- So the ugly troll from under the bridge cannot gobble me up, answered the third Billy Goat Gruff.
- Good luck, said Cinderella.

In the big forest she could hear the wind blowing in the silver leaves and she could see the glass mountain in the far distance. Suddenly she stumbled and fell.

- Why are you kicking me? she heard a tiny voice say. She looked around but could not see anybody.
- Where are you? she asked.
- Down here, said somebody and Cinderella saw a tiny little girl sitting on the path.

- I'm Thumbelina, she said. The swallow just dropped me here. Can I come with you? Cinderella picked up the girl and put her into her pocket. Behind the next bend they could hear somebody singing.
- Hi ho, hi ho, the song went, and they could see seven little dwarfs in a row with their spades and picks on their shoulders.
- They are Snow White's friends, Thumbelina said. They work in a mine. The dwarfs disappeared and Cinderella and Thumbelina could see a beautiful ring on the path.
- Don't touch it! Don't touch it, a voice said. It is the magic ring from The Lord of the Rings. It's dangerous. They could see a little girl with transparent wings flying around them.
- Oh, a fairy, Cinderella said happily, a good fairy. What's your name?
- I'm Tinkerbelle, she said. I'm a friend of Peter Pan. Can I come with you? They all went on to Grandma's house. When they came to the house they saw a big toad sitting on the steps.
- You cannot come in if you don't kiss me, he said.
- I don't want to kiss you. Blaaa, you're an ugly, disgusting toad, Cinderella said.
- Ok, said the toad. As you wish. You cannot pass.
- Ok then, said Cinderella and gave the toad a kiss. And suddenly a beautiful young prince appeared. Cinderella and the prince got married and lived happily ever after.

Do you like my fairy tale? But I think I mixed things up, don't you?

Spår 45 Listen to this!

- Number 1: Ha, ha, ha. Do you know me? I'm old.
I'm a woman dressed in black with a tall hat and a black cat. Who am I?
- Number 2: I can be very small or I can be tall. Sometimes I can fly with my transparent wings. I can be very nice and bring good wishes but I can also be mean and put a spell on someone. Who am I?
- Number 3: I'm a huge beast. I look like a giant lizard. I often guard a treasure and I can blow fire. Who am I?
- Number 4: I am a man. I am powerful and I rule a country but only in Fairy Tales. I wear a crown on my head. Who am I?
- Number 5: I am very lonely and ugly and they say I smell. I live in the forest or in a mountain. Sometimes I'm very big. I don't like the sun. Who am I?
- Number 6: I look like a big fat frog and I'm quite ugly. But if you kiss me I can become a beautiful prince. So, when you see me, kiss me. Who am I?

Number 7: I am a man and I am often very wise. Sometimes I have a long beard and I know many magic spells and I can transform things. I have a book of magic spells. I can be both good and bad. Who am I?

CD 2

The Book about Me 3

Spår 1 My English-speaking Family

Hello! My name is Fiona O'Sullivan. I'm twelve years old and I live in Dublin in Ireland. Ireland is a country in Europe. It's an island. Dublin is the capital. I have red hair and blue eyes. Red hair is very common in Ireland. They say that the red colour came with the Vikings when they invaded Ireland a thousand years ago. Now I'm going to tell you about my family.

My father's name is Pete O'Sullivan. He is forty-two years old and he is a plumber. He installs toilets and stuff like that in houses. His favourite food is pizza. His hobby is golf. He has brown eyes and dark hair. He doesn't like war or spiders.

My mum's name is Tara O' Sullivan and she is forty years old. She is a vet, a doctor for animals, and she works at a clinic for small animals.

She has blue eyes and red hair, like me and my brothers. Her hobby is cycling. She cycles for miles every week in the Dublin Mountains. Her favourite food is seafood. She doesn't like cruelty to animals or to people.

I have got two brothers. They are twins and they are ten years old. Their names are Finn and Fergal. Their hobbies are singing in a choir, hurling and football. Hurling is an Irish sport. You use a small, very hard ball and a wooden stick. Their favourite food is fish fingers. They don't like school.

Spår 2 Listen to this!

Listen and find out who works with what.

Hi. I'm Claire. I've got a very interesting and important job. Of course, all jobs are important, but I think I've got the best job of all. I work with people. I protect them. I sometimes sit in the car and I try to find things out. I work with terrible things too because I work with crimes, try to solve them. But I do a lot of other things. I supervise the traffic sometimes. I guard things, for example, sport events.

Hi. I'm Billy. I also have a very important job. I also help people. I help them to get well. I can work at a hospital or I can work in a health centre. I put on bandages, I take blood samples, I give injections and I can give people some advice. But I'm not a doctor.

Hi. I'm Bridget. I love my job. When people come to me they do not look so good but when they leave me they look very nice and they are so pleased. I work with men, women and children. Almost everybody needs me sometime. I wash, cut, colour and curl. I love to do brides before their weddings. They are so happy and excited. I sometimes put beautiful flowers in their hair.

Now it's my turn. I'm Tom. I don't work with people. I work with things, dangerous things. If I do something wrong somebody could get hurt. I work in homes, industries, hospitals, schools etc. Every building needs me to come in and fix something. Otherwise you can't see when it's dark, use your computer or watch TV.

Spår 3 The Country

I live in Dublin, the capital of Ireland. In Irish, Dublin is called Baile Átha Cliath. Did you know that Ireland has two languages, both English and Irish? All the road signs are in both languages. Dublin is the largest city and it's on the east coast of the island at the mouth of the river Liffey. Did you know that Dublin was first a Viking settlement, founded in 841 and it has been Ireland's capital since mediaeval times? Now there are 500,000 inhabitants in the city.

Me and my family live in a suburb called Blackrock, outside the city centre. We live in an old house not far from the sea. I can see Dublin Bay from my window.

Ireland is the third largest island in Europe. It is situated in the north western part of Europe to the west of Great Britain. There are two countries on the island, the Republic of Ireland and Northern Ireland. Northern Ireland is part of the United Kingdom.

Do you know why Ireland is called the Emerald Isle? Because it's so green and so beautiful, I think. An emerald is a green jewel. Ireland is surrounded by water. To the west lies the Atlantic Ocean and to the east lies the Irish Sea. There are 4.2 million inhabitants in Ireland. The island is 84,421 km² = square kilometres.

The west coast consists of high cliffs, hills and mountains. The midlands are flat and very green with many farms. You can see sheep and cows everywhere. There is a river called The Shannon and there are many lakes. The east coast is flat with many long sandy beaches.

The climate is mild and very damp. It rains a lot. Some parts of the country get 275 days of rain per year. Ireland has changed from a farming country to an industrial country in recent years. Did you know that Ireland was a British colony for 800 years? There have been many rebellions against the British during that time, but since 1921 Ireland has been a free state.

Spår 4 Listen to this!

"Listen to Fiona when she describes her country. Look at the map and write the names in the box on the correct line."

Hi!

I live in Ireland. Ireland is a big island west of England and Wales. It is surrounded by the sea. To the west of the island is the Atlantic Ocean. America is on the other side of the Ocean. Many Irish went to America a hundred years ago. On the east coast is the Irish Sea.

You can see two rivers on the map. The big river in the west is the river Shannon and the river on the east coast is the river Liffey. At the mouth of the Liffey there is a city. It is Dublin, the capital of Ireland. It is an old city. It was founded by the Vikings. The name Dublin means black pool so maybe there was a black pool there once.

You can see two other cities on the map. One is Cork. It is in the south. The other is Galway and it's on the west coast.

There are two countries on the island. One is the Republic of Ireland and the other is Northern Ireland which is in the north of the island.

Spår 5 The Continent

This is Europe, our continent. Europe is the second smallest continent in the world. Do you know which is the smallest? Yes, only Australia is smaller. Europe covers about 2 per cent of the surface of the Earth. That's not much, is it? But more than 720 million people live here. So it is crowded, don't you think?

Europe is bounded in the north by the Arctic Ocean, in the west by the Atlantic Ocean and in the south by the Mediterranean Sea. But in the east, Europe is bounded by the Ural Mountains. These mountains are in Russia which is the biggest country in Europe.

Do you know how many countries there are here in Europe? Today, there are 46 countries but in the future there could be more. The smallest country is the Vatican in Rome in Italy.

Nature in Europe varies a lot. The coast is very long and Europe consists of many peninsulas and islands. There are many mountains in Europe, especially in the south, such as the Alps, the Pyrenees and the Carpathians. The highest peak is Mount Blanc on the border between Italy and France. Do you know how high it is? It's 4,810 metres high.

There are vast plains in central Europe and huge forests in the north. One fourth of the land area in Europe is covered by forests. In the far north the ground is always frozen. Farming in Europe is highly mechanised and most of the farms are big. The most important crops are wheat, barley and rye. Fishing is important along the coast. Europe is an industrialised continent and there are many factories in all the countries. In Europe we produce almost everything from food products to cars, airplanes and huge machines. The positive side of industrialisation is that Europe is a wealthy continent and the negative side is the pollution and the damage to the environment.

Spår 6 Animals in the World

Hello! I'm Fiona's mother, Tara. I work as a vet in Dublin. I am interested in penguins and I have studied the Emperor penguins and diseases among them. I have written a newspaper article about penguins for the newspaper The Irish Times. Here is part of the article.

Spår 7 The Emperor Penguin

The Emperor Penguin is the tallest and heaviest of all living penguins.

It can be 1.3 metres tall and weigh between 20 and 45 kilos. Penguins are birds but they can't fly. Their bodies are covered with short, thick feathers. To keep them warm in the snow they have thick layers of fat under their skin. They waddle when they walk and when they want to travel a long way they slide on their tummies. Penguins love swimming. They can dive very deep and swim fast. Their food is krill, small fish and squid.

The female lays one egg and very carefully she transfers the egg to the male who keeps the egg warm on his feet.

The father penguins huddle together when the mothers return to the sea to find food. If the father drops the egg the chick is lost on the icy ground. When the female returns she finds her male by listening for his call. The mother takes over caring for the egg and the male can return to the sea.

The babies are born during the cold Antarctic winter when the temperature can be as low as minus 40° C. When the penguin chicks are born they are covered with soft feathers called down.

Both parents share the feeding of the chick and the chick stays with the parents until it is between four and six months old.

Spår 8 Going on a Trip

Do you know what? I've just been to Australia on a trip. Me and my family went to Australia to visit Dad's sister, my aunt, and her family. We went there because her daughter, my cousin, was getting married. So we had to bring very nice clothes for the wedding. We went there on the first of December and stayed until the fifth of January. Did you know it's summer there in December? We had lovely weather all the time. We flew from Dublin via London to Sydney. It took more than twenty hours and it was very tiring. We flew a big Jumbo Jet but it was very boring in the end.

When we got to Sydney we stayed with my aunt's family in their bungalow outside the city for a couple of days. We went to see a lot of things in Sydney. I think that the most exciting sight was the famous white Opera House in the harbour. It looks like big white shells or something. Did you know it's made of tiles from Sweden? Or maybe the huge Sydney Harbour Bridge was the most exciting? After a few days we all went by train up to Brisbane in Queensland. It was a beautiful train ride along the Australian east coast. Here we met Marcus' family. Marcus, my cousin's husband is from Brisbane.

We attended the wedding. It was magnificent because it was on the beach in the sunset. After the wedding there was a huge barbeque on the beach and the party went on all night.

Next day, me and my family went on by ourselves to the Great Barrier Reef which is the world's largest coral reef system. A large part of the reef is protected by the Great Barrier Reef Marine Park and the reef is a very popular destination for scuba divers, but we went there to snorkel. It was absolutely fantastic. It was like swimming in a huge aquarium. We spent Christmas there and we went on a trip in a glass-bottomed boat on Christmas Eve.

We went back to Sydney for the New Year and it was amazing to see the fireworks from the big bridge in the harbour. When we left Australia we stayed a couple of days in Singapore on the way back. It was the most fabulous journey I have ever made. But I didn't see any kangaroos, which was a pity.

Spår 9 Listen to this!

"Listen to the dialogues. Write the letter in the box after the words you think match the dialogue. There are more words than dialogues".

A.

– Excuse me; I would like to book a ticket to France.

– When would you like to go?

– On the fourth of May.

– Single or return?

– A single, please.

B.

– Excuse me, can you show me to my seat?

– Do you have a window seat or an aisle seat?

– An aisle seat.

– Let me see your boarding card. Number 56 D, that's at the end of the cabin by the emergency exit.

– Thank you.

C.

– I would like to travel abroad.

– Why?

– I'm tired of the rain.

– Then you have to go to a travel agent.

Spår 10 Festivals

Hi again! Do you remember me? I'm Sarah. I'm sitting here chatting with some of my friends on the Internet.

My mother used to have pen pals in other countries, when she was young. They wrote letters to each other. It's quicker and easier with the Internet, I think. I'm chatting with a girl who lives in a town called Karlstad in Sweden. We are doing a project in school on festivals in other countries. I have asked Emmelie to tell me about some famous festivals in Sweden.

She forgot to tell me the names of the festivals. Can you help me? Read the texts and write the name of the festival on the line. Write both the Swedish name and the English name.

Spår 11 Books, books, books

As you might remember, I love reading. These two books are my absolute favourites. One is from the nineteenth century and called Tom Sawyer. It is a classic. The other one is newer, from the twenty-first century but also very good. Read them and see what you think.

Spår 12 The Adventures of Tom Sawyer

by Mark Twain

"TOM!"

No answer.

"Tom!"

No answer.

"What's gone with that boy, I wonder? You TOM!"

The old lady pulled her spectacles down and looked over them, about the room; then she put them up and looked out under them. She seldom or never looked through them for so small a thing as a boy, for they were her state pair, the pride of her heart, and were built for "style," not service; she could have seen through a pair of stove lids just as well. She looked perplexed a moment and said, not fiercely, but still loud enough for the furniture to hear, "Well, I lay if I get hold of you I'll –"

She did not finish, for by this time she was bending down and punching under the bed with the broom – and so she needed breath to punctuate the punches with. She resurrected nothing but the cat.

"I never did see the beat of that boy!"

She went to the open door and stood in it, and looked out among the tomato vines and "jimson" weeds that constituted the garden. No Tom. So she lifted up her voice, at an angle calculated for distance, and shouted.

"Y-o-u-u Tom!"

There was a slight noise behind her, and she turned just in time to seize a small boy by the slack of his roundabout and arrest his flight.

"There! I might 'a thought of that closet. What you been doing in there?"

"Nothing."

"Nothing! Look at your hands, and look at your mouth. What is that truck?"

"I don't know, aunt."

"Well, I know. It's jam, that's what it is. Forty times I've said if you didn't let that jam alone I'd skin you. Hand me that switch."

The switch hovered in the air. The peril was desperate.

"My! Look behind you, aunt!"

The old lady whirled around, and snatched her skirts out of danger and the lad fled, on the instant, scrambled up the high board fence, and disappeared over it.

His aunt Polly stood surprised a moment, and then broke into a gentle laugh.

"Hang the boy! can't I never learn anything? Ain't he played me tricks enough like that for me to be looking out for him by this time? But old fools is the biggest fools there is. Can't learn an old dog new tricks, as the saying is. But, my goodness, he never plays them alike two days, and how is a body to know what's coming? He 'pears to know just how long he can torment me before I get my dander up, and he knows if he can make out to put me off for a minute, or make me laugh, it's all down again, and I can't hit him a lick. I ain't doing my duty by that boy, and that's the Lord's truth, goodness knows. Spare the rod and spile the child, as the good book says. I'm a-laying up sin and suffering for us both,

I know. He's full of the old scratch, but laws-a-me! he's my own dead sister's boy, poor thing, and I ain't got the heart to lash him, somehow. Every time I let him off, my conscience does hurt me so, and every time I hit him my old heart most breaks. Well-a-well, man that is born of woman is of few days and full of trouble, as the Scripture says, and I reckon it's so. He'll play hookey this evening, * and [* Southwestern for "afternoon"] I'll just be obliged to make him work, to-morrow, to punish him. It's mighty hard to make him work Saturdays, when all the boys is having a holiday, but he hates work more than he hates anything else, and I've got to do some of my duty by him, or I'll be the ruination of the child."

Spår 13 Molly Moon's Incredible Book of Hypnotism

by Georgia Byng

Molly Moon looked down at her pink, blotchy legs. It wasn't the bath water that was making them mottled like spam, they were always that colour. And so skinny. Maybe one day, like an ugly duckling turning into a swan, her knock-kneed legs might grow into the most beautiful legs in the world. Some hope.

Molly leaned back until her curly brown hair and her ears were under the water. She stared at the fluorescent strip light above her, at the fly-filled yellow paint that was peeling off the wall and at the damp patch on the ceiling where strange mushrooms grew. Water filled her ears and the world sounded foggy and far away.

Molly shut her eyes. It was an ordinary November evening, and she was in a shabby bathroom in a crumbling building called Hardwick House. She imagined flying over it like a bird, looking down at its grey slate roof and its bramble-filled garden. She imagined flying higher until she was looking down on the hillside where Hardwick village lay. Up and up she went until Hardwick House became tiny. She could see the whole of the town of Briersville beyond it. As Molly flew higher and higher, she saw the rest of the country and now the coastline too, with sea on all sides. Her mind rocketed upwards until she was flying in space, looking down at the earth. And there she hovered. Molly liked to fly away from the world in her imagination. It was relaxing. And often, when she was in this state, she'd feel different.

She had this special feeling tonight, as if something exciting or strange was about to happen to her. The last time she'd felt special, she'd found a half-eaten packet of sweets on the pavement in the village. The time before she'd got away with watching two hours of evening television instead of one. Molly wondered what surprise would greet her this time. Then she opened her eyes and was back in the bath. Molly looked at her distorted reflection in the underside of the chrome tap. Oh dear. Surely she wasn't as ugly as that? Was that pink lump of dough her face? Was that potato her nose? Were those small green lights her eyes?

Someone was hammering downstairs. That was strange, no one ever mended anything here. Then Molly realized that the hammering was someone banging on the bathroom door. Trouble. Molly shot up and hit her head on the tap. The banging outside was very loud now and with it came a fierce bark.

'Molly Moon, will you open this door *at once!* If you don't, I'll be forced to use the master key.'

Molly could hear keys rattling on a ring. She looked at the level of her bath water and gasped. It was much too deep and well over the allowed level. She jumped up, pulling the plug out as she did so, and

reached for her towel. Just in time. The door swung open. Miss Adderstone was in and darting like an adder to the bathtub, her scaly nose wrinkling as she discovered the deep, draining water. She rolled up her crimplene sleeve and pushed the plug back in.

'As I suspected,' she hissed. 'Intentional flouting of orphanage rules.'

Spår 14 Famous People

The science lesson in Fiona's class is about famous people in the world.

– I want to become famous, Fiona says.

– What are you going to do? Start a band? Mr Jones asks.

– Yes, why not. I want to be remembered for something. I don't think I can invent or discover anything, but maybe I can become a famous singer, dancer or author.

– Good Luck Fiona!

The science teacher continued the lesson and started to tell a story about a famous Swedish inventor.

Gustaf Dalén was born in the Swedish countryside in 1869. His parents were farmers and wanted him to become a farmer too, but Gustaf had other plans. He started inventing things when he was only a child. When he was 13 he got a broken alarm clock from his father. Gustaf found it difficult to get up in the morning and needed a clock. But he didn't just mend it, before the alarm rang he made the clock switch on the light and put the coffee pot on!

Gustaf soon decided to become an inventor. He studied to become an engineer and started to work for a company called AGA.

In 1912 when he was doing an experiment, a gas cylinder exploded and Gustaf was seriously injured and blinded for life. The same year, he was awarded the Nobel Prize in Physics for his inventions connected with lighthouse technology.

He designed a unique cooker which is still manufactured in England. During his lifetime, Gustaf registered 99 patents for technical inventions he made.

Spår 15 Listen to this!

"The inventors tell you about their inventions. Write their names under the correct picture."

Hello, my name is Alexander Flemming. I was born in Scotland in 1881. My invention was discovered by chance. I left a dish of bacteria uncovered for a few days. When I looked at the dish again I saw that mold had killed the bacteria. I called the mold penicillin and it revolutionised medicine. Penicillin is effective against harmful bacteria. I received the Nobel Prize in 1945. Have you ever used penicillin?

Hello, my name is Johannes Gutenberg. I was born in Germany. In 1440 I invented the printing press. I used movable letters, a special printing press, ink and paper. My invention started mass production of books. The first book printed in Europe was the Bible. Have you got a book?

Hello, my name is Alexander Graham Bell. I was born in Scotland. My mother was deaf so when I was a boy I was interested in sounds and how they were made. I became a professor in the USA and did experiments together with my assistant Thomas Watson. We tried to transfer speech through a wire. One day in 1875 we succeeded. I took out a patent on the telephone and became a very rich man. Have you got a telephone?

Hello, my name is Thomas Edison. I was an American inventor. The first electric light was made in 1800. I experimented and tried to find the right materials that could glow brightly for a long time. My first bulb glowed for 40 hours and that was in 1879. Later I invented a bulb that could glow for 1500 hours. Do you use my invention every day?

Hello, my name is Thomas Savery and I was born in 1650. I was an English inventor. I was working on the problem of pumping water out of coal mines. I used a steam engine to drive a pump to remove the water. Some inventors like James Watt improved my invention so the industrial revolution could start. Have you seen a steam locomotive or a steamship?

Spår 16 Endangered Animals and Environments

Hello! Did you know that I'm interested in animals and especially endangered animals in the world? I'm a member of WWF, an organisation which protects plants and animals. Its symbol is the black and white giant panda. Me and some of my friends are environment fans and have started a little group. Our group has meetings once a month. At our last meeting we decided to start a campaign for some endangered animals in the world. We write letters from the animals to the local members of parliament.

I have written a letter from the polar bears. Here it is:

Spår 17 Dear Lena Jones

Dear Lena Jones

We are land mammals and one of the largest animals in the world. There are approximately 25,000 of us bears living in the world. We live in cold places such as the Arctic, Greenland, Alaska, the North Pole and Norway. We weigh almost 700 kilos and our paws are huge. They are good for catching fish! Our bodies are covered in fur even to the bottom of the paws and that prevents us from slipping on the ice.

We live on the ice, on land and in the sea. We are good swimmers. We are carnivorous animals and eat seals, fish, young walruses, shellfish, crabs and a lot more. When we try to catch a seal we try to look like the snow so the seal doesn't see us. We are aggressive and dangerous to humans. Our two cubs are born in the dens we dig on land or in the ice.

Hunters are not allowed to kill us any longer but now there are other threats to us. The latest threat to us is global warming. It is destroying our habitat. The ice is melting and that is shortening our hunting season and threatening us with starvation. Oil spills and toxic chemicals are two other threats to us.

Please help to save us and to stop global warming and the oil discharges. We really hope you will work for alternative energy sources.

Regards from the polar bears.

Spår 18 Me and the Future

Carl 34:

Hi! Do you remember us? We met twenty years ago? I'm Carl and this is Sarah. I'm 34 now and I'm a pollution controller. I travel around England and check that there is no air pollution anywhere. If there is, it has to be stopped immediately.

Do you remember all the talk twenty years ago about pollution and climate change? All these problems have been solved. There are no dangerous exhaust fumes from cars anymore and all factories must have complete detoxification of all smoke.

Most people in big cities don't have cars anymore. They travel on this kind of train, the air rail. It's fantastic. It's fast, quiet and clean.

There's also a completely wireless Internet and mobile service everywhere. You just talk into the microphone and say who you want to talk to and then you can talk. You don't need a mobile. If you want to search the internet you just pick up your mini-screen from your pocket and there you are.

I'm married and I have a little daughter and I live in a nice little flat just outside the city centre. But now, let's listen to Sarah.

Sarah 30:

Hi there! Long time no see, as we say here. How are you? I'm 30 now and a professional dancer.

Do you remember that I went to dance classes? After finishing school I went to study dancing for many years. It was really hard work but fun. But I got no job as a dancer. I was unemployed for many years and did many different things. I travelled the world and I worked in restaurants, hospitals and shops. And all that time I continued taking dance lessons and finally I was accepted into The Royal Ballet in London. So, I'm working there now and I just love it.

At the moment we are performing Swan Lake, a very famous old ballet. But we do modern ballets too. Last year we did the famous modern ballet Space Flies which is a ballet about life on Mars written by Madonna. She is over seventy now but still going strong.

The best thing that has happened in the last twenty years is that there are almost no wars any longer. Presidents of the world have learnt how to negotiate instead of starting wars. Do you remember how many wars were going on twenty years back? Now, what about you? What is your life like?

Spår 19 Listen to this!

Twenty years ago everybody talked a lot about pollution and climate change. All these problems have been solved. There are no dangerous exhaust fumes from cars anymore and all factories must have

complete detoxification of all smoke. Most people in the big cities don't have cars anymore. They travel on this kind of train, the air rail. It's fantastic. It's fast, quiet and clean.

Spår 20 Films

– We must decide what film we are going to see. I have told you that I like the Lord of the Rings books. I want to see The Fellowship of the Ring, Fiona says.

– Why do you want to see that film, Fiona? Fergal asks.

– Because it's an exciting story that takes place long ago in Middle Earth, when the dark lord Sauron created a ring "the one ring to rule them all". Sauron was destroyed but still lives on in the ring. Sauron will continue to bring death and terror to all of Middle Earth. To prevent this from happening, the ring must be thrown into the fires of Mount Doom and destroyed...

– No, Fiona, says her brother Finn. I don't want to see that fantasy film. I want to see The Pirates of the Caribbean. I haven't seen Dead Man's Chest.

– I really want to see that film too, says Fergal.

– What is the film about? Fiona asks.

– It's an action film about the pirate Jack Sparrow and his friends. Jack owes a debt to Davy Jones, the captain of the Flying Dutchman. It is a ghost ship with a crew from hell, Finn says.

– I love films with battles, swords, ships and pirates, Fergal says. Please, Fiona, let's see that film!

– Ok, Fiona says.

Spår 21 Listen to this!

Fiona:

This film is one of my favourites. It's an adventure film. The main character is William Wallace. He is a Scottish rebel who leads the uprising against the cruel English ruler. The start of the film is so tragic. William lives with his father Malcolm and his elder brother John. The father and the brother die in a battle between their clan and England. The title of the film is Braveheart.

Finn:

Together with a classmate I saw a Walt Disney film. The film was really good. It's an animated film. The film starts with a car race. The red car Lightning Mc Queen is about to win Piston Cup, but gets lost in Radiator Spring on its way to California. The cars in the film look like real cars and they look like characters, and the colours... Did I tell you that the title of the film is Cars?

Fergal:

I like the comic strip Garfield so I was really looking forward to seeing the film Garfield. I was not disappointed. The film was really good. Garfield is a fat, lazy, clever cat who eats a lot and hates

Mondays. In this film Garfield's owner Jon takes him to the vet and there they meet a homeless puppy, Odie.

Finn:

If you want action you should see the Star Wars films. Six films were released in the Star Wars saga. The events take place in the fictional Star Wars Galaxy. Many of the main characters are identical to humans but there are also Jedi Knights, witches, princesses and many more. I think Darth Vader is the best!

Fiona:

I'm going to tell you about a romantic film. I have a poster in my room of Leonardo Di Caprio. He and Kate Winslet fall in love when they sail on the Titanic. They witness the ship's collision with an iceberg. The ship breaks up and washes everybody into the cold Atlantic waters. The music in the film is fantastic, but the film is so tragic.

Fergal:

I like the Harry Potter books very much. When I have read a book I always look forward to seeing the film. I like to see when the school houses play the rough team sport called Quidditch. Harry and his friends Ron and Hermione get involved in many exciting adventures at their school, Hogwarts. The last film I saw is called Harry Potter and the Order of the Phoenix. I am already looking forward to the next film.